

# Johnson County Suicide Prevention

November 16, 2018

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*To those who have lost their lives by suicide,  
To those who struggle with thoughts of suicide,  
To those who have made an attempt on their lives,  
To those caring for someone who struggles,  
To those left behind after a death by suicide,  
To those in recovery, and  
To all those who work tirelessly to prevent suicide  
and suicide attempts in our nation.*

*We believe that we can and we will make a  
difference.*

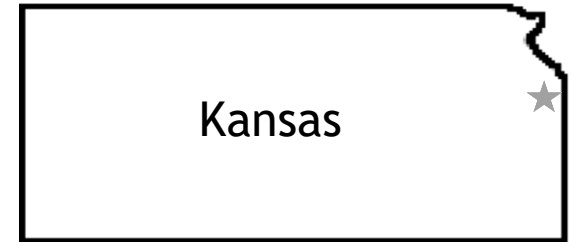


# In 2017.....



The nation lost 44,193 people to suicide

There were 477 deaths by suicide in Kansas



Kansas



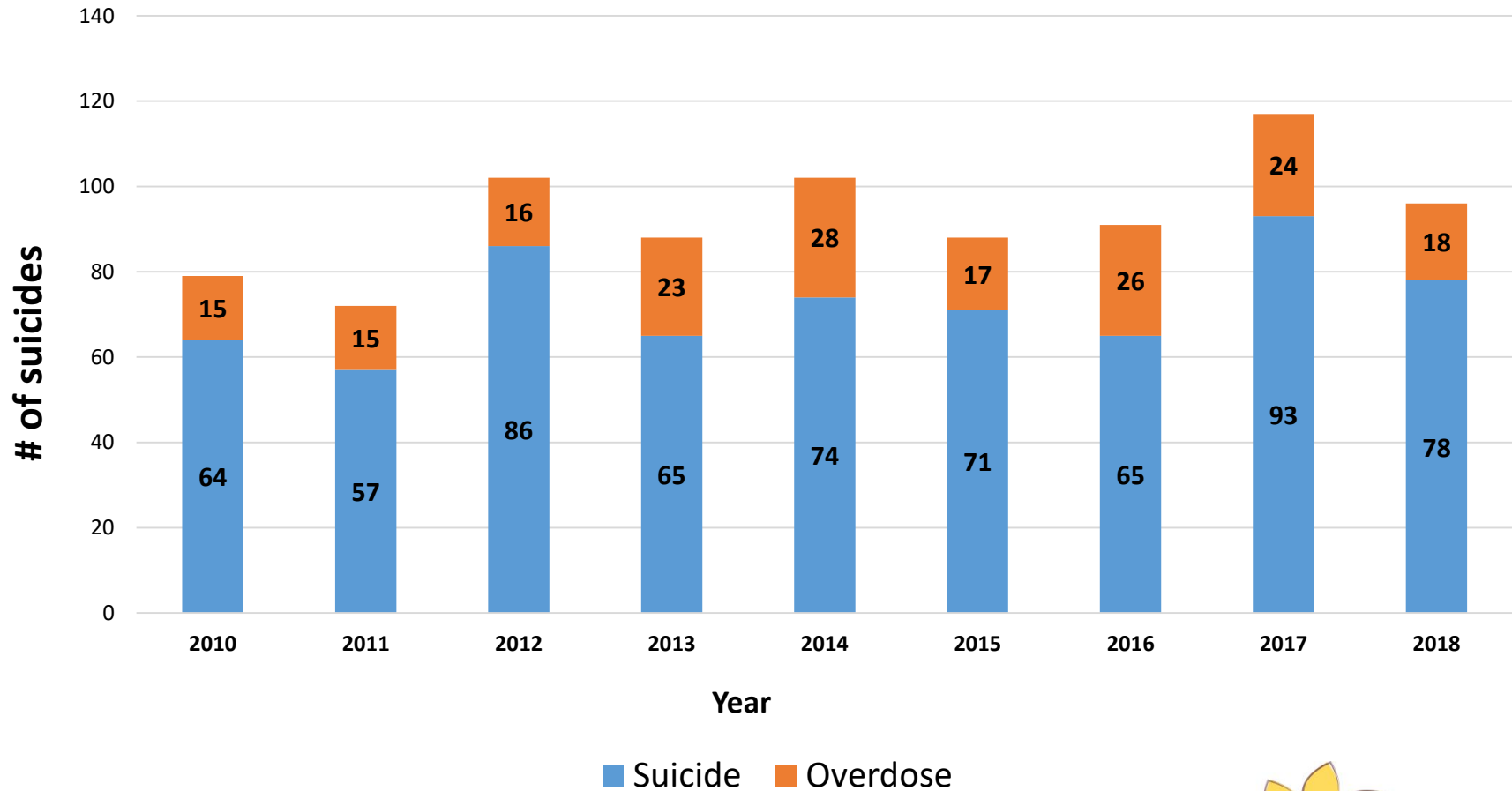
Johnson County lost 117 people to suicide & overdose

\*\*Johnson County includes approximately 20% of the total population of the state of Kansas

[www.suicidology.org](http://www.suicidology.org)



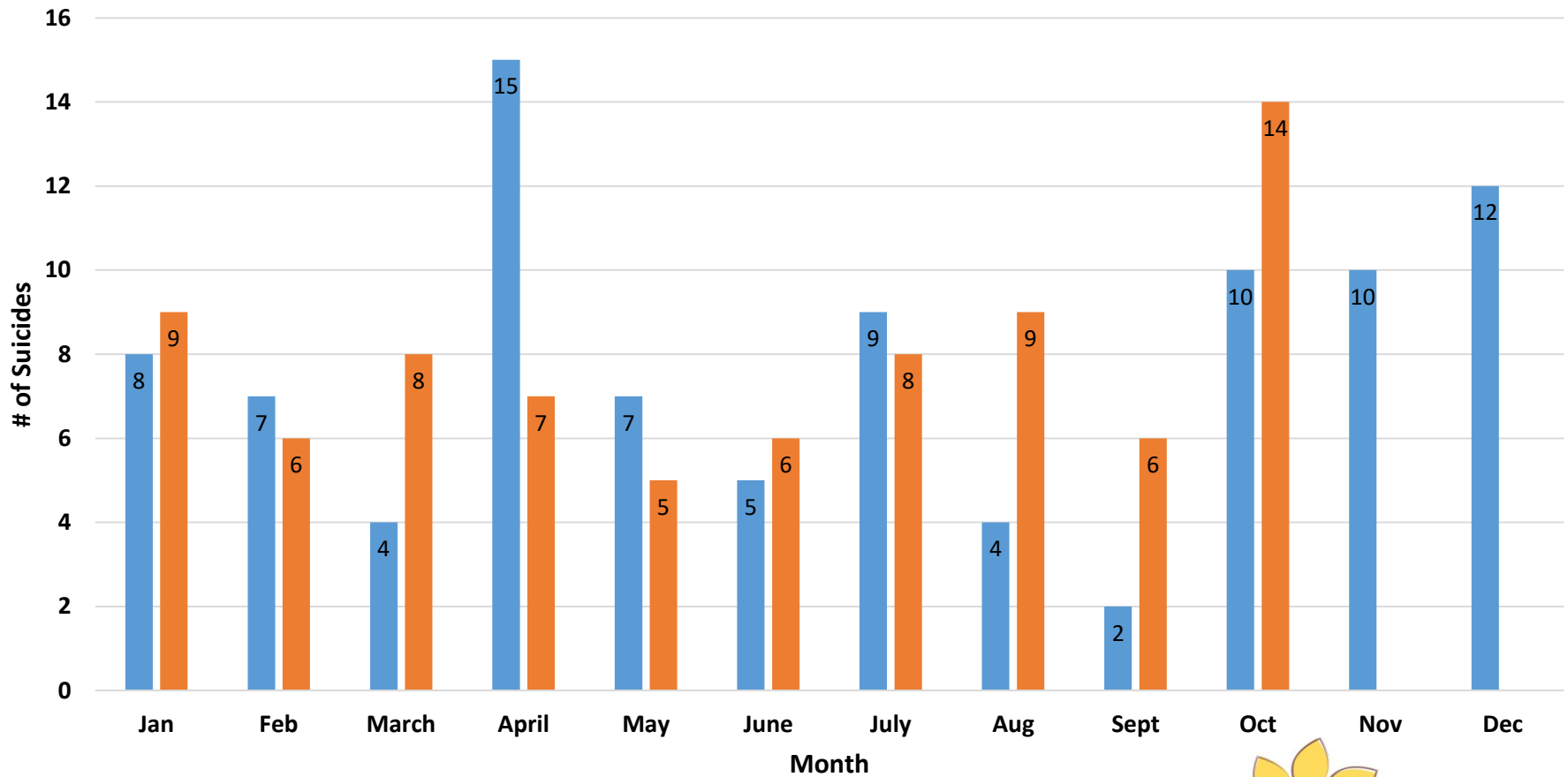
# Johnson County Suicide/Overdose Deaths by Year



\*Data from Johnson County Sheriff's Coroner Call Out Log  
\*\*2018 Data - January-October



# Johnson County Suicide Deaths by Month - 2017/2018



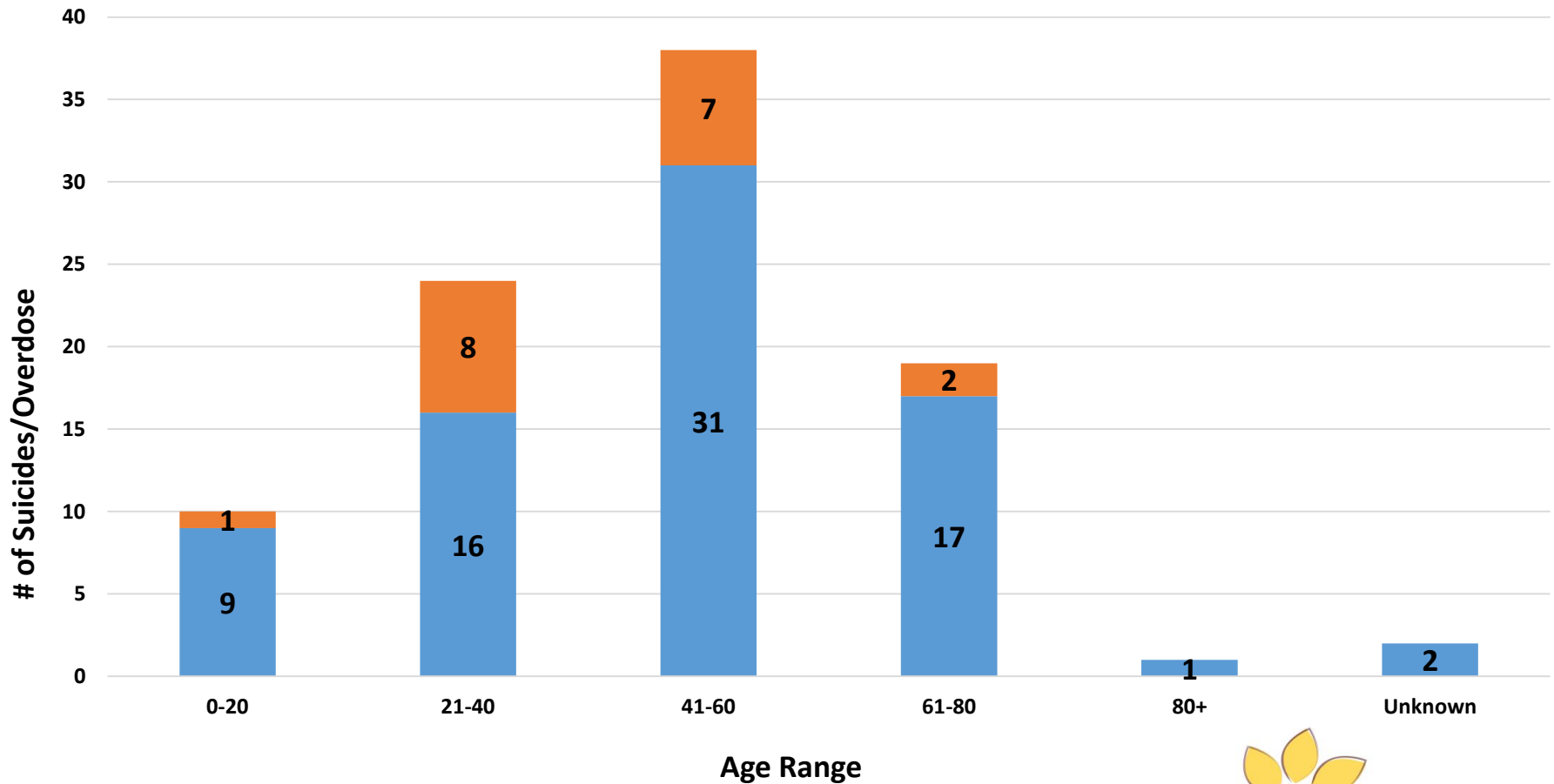
\*Data from Johnson County Sheriff's Coroner Call Out Log

\*\*2018 Data – January-October

■ 2017 ■ 2018



# Johnson County Suicide/Overdose by Age Range 2018



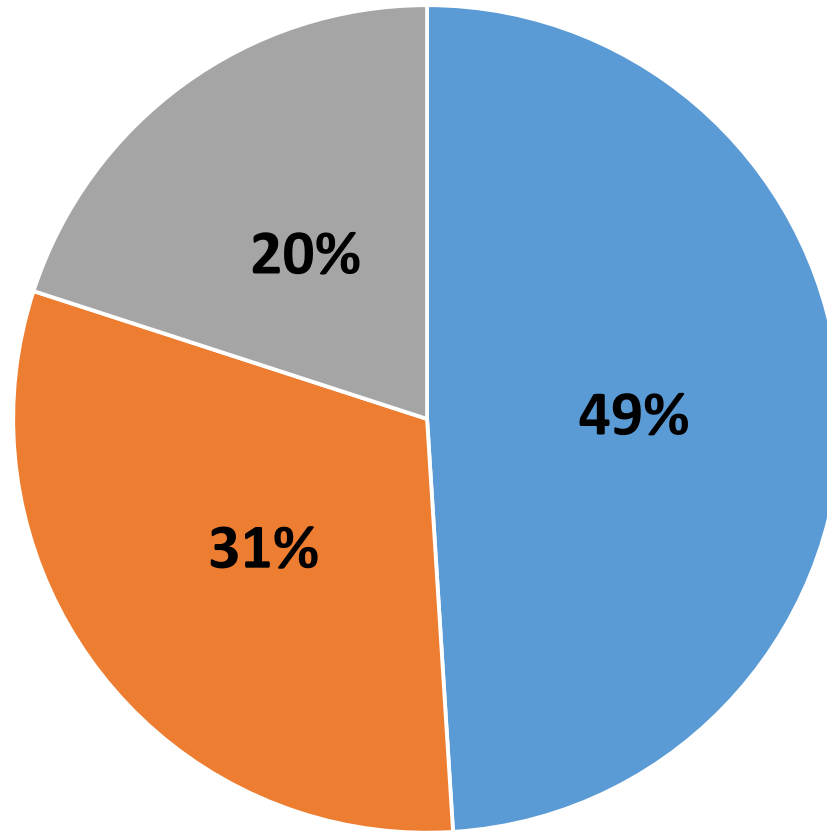
\*Data from Johnson County Sheriff's Coroner Call Out Log

\*\*2018 Data - January-October

■ Suicide ■ Overdose



# Johnson County - Method Used: 2018



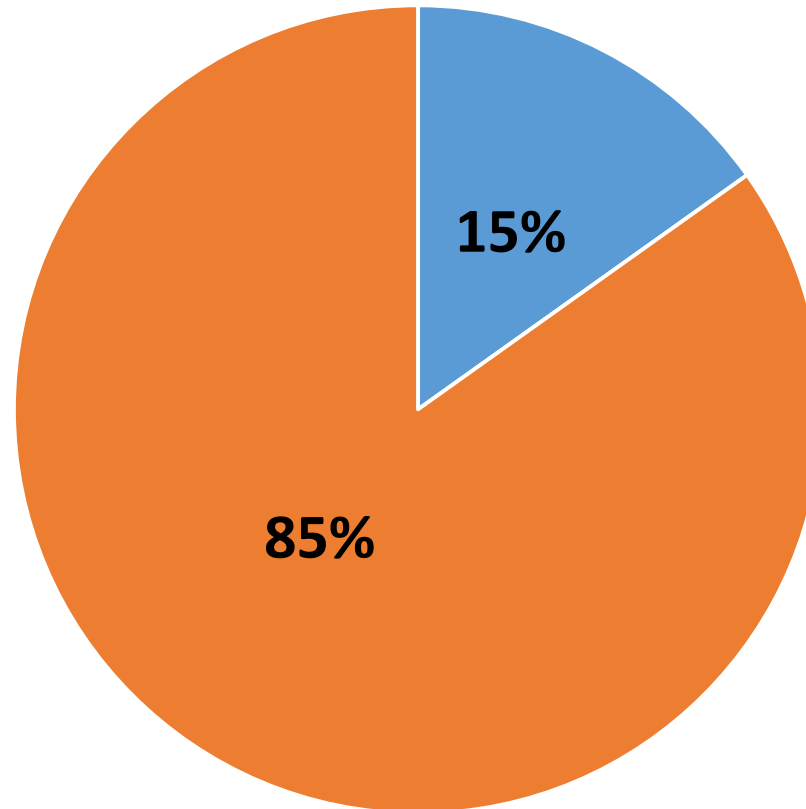
■ Firearm ■ Hanging ■ Other

\*Data from Johnson County Sheriff's Coroner Call Out Log

\*\*2018 Data - January-October



# Johnson County Suicide by Gender 2018 - Method: Firearm



■ Female ■ Male

\*Data from Johnson County Sheriff's Coroner Call Out Log

\*\*2018 Data - January-October







JOHNSON COUNTY  
SUICIDE PREVENTION COALITION

**Johnson County Suicide Prevention  
Coalition saves and supports life,  
with our community partners,  
through awareness, education and  
outreach.**



# Strategic Goals

From the National Strategy for Suicide Prevention

- Implement research-informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors.
- Provide training to community and clinical service providers on the prevention of suicide and related behaviors.
- Promote suicide prevention as a core component of health care services.



# *5<sup>th</sup> Annual School Event*

*Joe Kordalski, De Soto School District*

- March 1, 2018
- Psychologist, Dr. Tish Taylor
  - Child and Adolescent Mental Health with an Emphasis on Suicide Prevention
- 70 participants
  - Counselors
  - Psychologists
  - Social Workers
  - Administration
- Ethics with Sharon Stuewe
  - 6 total contact hours to members of our school community free of charge



# Faith Partnerships

*Ann Karty, MD, MBA, FAAFP*

*Blue Cross and Blue Shield of Kansas City*

- Professional development
- April 2018 Faith based panel
- June 2018 Maintaining Mental Wellness, a Community Conversation
- What we learned...



# Gun Locks

**FREE GUN LOCKS**

Take a minute. Save a life.

*Shana Burgess, Johnson County Mental Health Center*

## Why - Reducing access to lethal means

- Firearms are the most common method of death by suicide, accounting for more than half of all suicide deaths.
- Firearm suicides are the most fatal compared to other methods
- Approximately 85% of firearm suicide attempts are fatal compared to 3% or less for overdosing and wrist cutting
- No ability to reconsider or halt mid-attempt



# Gun Locks

**FREE GUN LOCKS**

Take a minute. Save a life.

## Distribution

- Began November 2017
  - 500 first month
- **3000** to date
- Average 322/month

## Partnerships

- Project Child Safe
- Johnson County Mental Health Center
- Local Police Departments
- Grandparents Against Gun Violence
- Hospitals
- JoCo Dept. of Corrections



# Finances

*Shana Burgess, Johnson County Mental Health Center*

- 2017 Balance: \$27,370.42
- 2018 Donations: \$22,376.35
- 2018 Expenses: \$18,531.93
- 2018 Remaining Balance: \$31,214.84

When you get, give.  
When you learn, teach.

- Maya Angelou



# Community Partnerships

*Bonnie Swade, SASS*

- Flippin' Sweet Memorial Disk Golf Tournament, June 23<sup>rd</sup>
- SASS Mogan Annual Remembrance Walk, September 9<sup>th</sup>
- Speak Up Walk, September 16<sup>th</sup>
- #ZeroReasonsWhy





# Taking Action to Prevent Suicide in our LGBTQ+ Community

*Rennie McKinney, Shawnee Mission Health*

- Community Training
- Jay Pryor, presenter
- Friday, September 14, 2018
- **65** participants



# New Campaign



*Johnny Roland, Olathe Police Department*

- Phone buttons
- #Bethe1To
- Facebook stats
  - 12,172 people reached in September

#BeThe1To

If you think someone may be considering suicide, be the one to help them by following these 5 steps:

ASK. BE THERE.  
KEEP THEM SAFE.  
HELP THEM CONNECT.  
FOLLOW UP.

Johnson County  
Mental Health Center  
24/7 Crisis Line  
913-268-0156



Find out why this can save a life at  
[www.BeThe1To.com](http://www.BeThe1To.com)  
If you're struggling, call the National Suicide Prevention Lifeline at  
**1-800-273-TALK (8255)**



*Megan Clark, Johnson County Mental Health Center*

- Two-day workshop for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide
- Training takes participants through a model to learn how to provide suicide first aid to someone in crisis
- Since 2014, **17** trainings provided- **390** community members trained



# Membership/Coalition Development

*Kevin McGuire, Johnson County Mental Health Center*

- New members of Leadership Team include:
  - Claire Canaan, JoCo Sheriff's Office
  - James Cochran, Church of the Resurrection
  - Angie Salava, Olathe Public Schools
- 2019 incoming Chair is Kevin McGuire
- Membership has grown to over **420** people



# Johnson County Suicide Prevention Coalition

- Meets monthly on the fourth Thursday
  - December 6<sup>th</sup> 3-4:30pm
  - January 2019-regular meetings resume
- 2019 meetings will be from 3:00-4:30pm at Youth & Family Services Building
  - 920 Spruce St. Olathe
- Please contact Prevention Services at 913-715-7880 or [megan.clark@jocogov.org](mailto:megan.clark@jocogov.org) for more information



# Thank you for your participation!

Please fill out feedback form provided on table.

If you are interested in being on the coalition distribution list, please fill out your information on the notecards provided.

For more information please contact Megan Clark at  
[megan.clark@jocogov.org](mailto:megan.clark@jocogov.org) or  
913-715-7880



*Suicide is preventable, help is available.*

*We believe that we can and we will make a difference.*

[spc@jocogov.org](mailto:spc@jocogov.org)

[www.jocogov.org/suicideprevention](http://www.jocogov.org/suicideprevention)

[www.facebook.com/Jocomnh](http://www.facebook.com/Jocomnh)

