

youth suicide

what do we know we don't know?



thank you.

for being the ones to ask questions first



what is success?

- Increased awareness?
- How do we measure that? What does that mean?
- Is success a reduction in suicide rates?
 (where do we get this data?)
- Reduction in suicide attempts? (how would we know?)





adolescent DBT

Good, but... Doesn't scale well



Zero Suicide (in some settings)

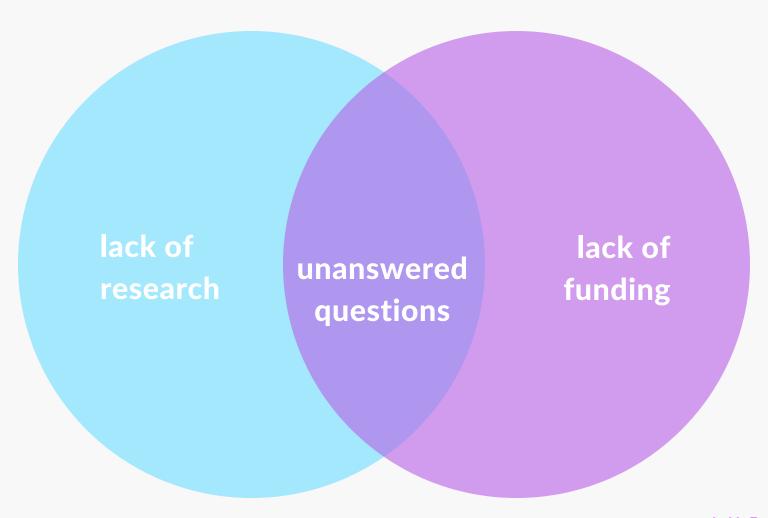


Follow-up postdischarge from healthcare settings

(doesn't catch those who don't access care)



what do we know we don't know?





unanswered questions and our need for answers

- Often result in professionals or the media telling "stories" due to lack of good science
- Bullying
- Social media



recommendations

1. SUPPORT FOR CRISIS CENTERS

60% increase in calls at Headquarters Counseling Center in KS in 2018

3. EDUCATE SCHOOL PROFESSIONALS

Leadership all the way down (Suicide in Schools, Singer et. al)

2. GATEKEEPER TRAINING

Evidence-based trainings; raising awareness is not enough

4. DATA COLLECTION

Improve data pipelines/hire full-time suicide prevention coordinator (MT as example)

recommendations (cont.)

5. DATA DONATION DRIVE

Using platforms like
OurDataHelps.org, collect
state-wide data via social
media

7. UPDATE STATE SP STRATEGY

Assess progress and redefine goals, specifically including youth suicide prevention

6. FUND OUTCOMES-BASED RESEARCH

Once a sufficient data repository is built, allow researchers access

8. PSYCH AUTOPSIES

AAS is convening a committee to assist in providing TA to states to better assess and track suicide deaths

thank you.

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