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# SCHOOL SAFETY & CRISIS TIP LINE SERVICES

WHERE THERE IS HELP, THERE IS HOPE



# WHAT IS SAFEUT?

- The Utah Legislature created the statewide School Safety and Crisis Line in 2015 (**SB0175**) . The program was expanded in 2018 to include grants for all institutions of higher education to qualify for the program (**HB 370**).
- SafeUT is a Crisis Chat Line and a School Safety **Tip** Line developed for all students in Utah, including higher education students. All 41 Utah K-12 school districts have adopted the use of the Safe UT app as well as all eight State sponsored Institutions of Higher Education.

# WHAT IS SAFEUT?

- The SafeUT Commission continues to help develop and implement the program in Utah schools. The commission is represented by:
  - Utah Attorney Generals Office
  - Utah State Legislature
  - University of Utah Neuropsychiatric Institute (UNI)
  - Utah System of Higher Education(USHE)
  - Utah State Board of Education (USBE)
  - University of Utah Health IT Department
  - Utah Department of Human Services (DHS)
- In an effort to address school safety and reduce Utah's suicide rate, Safe UT received additional funding during the 2018 Legislative Session to expand services to all institutions of higher education in Utah.

# UNI AND OUR ROLE IN SAFEUT

- We are a comprehensive behavioral health system providing inpatient services as well as extensive outpatient services to the community of Salt Lake City, the State of Utah and the Mountain West region.
- Our community based **Crisis and Diversion Services** are a critical component to the continuum of care. We provide Crisisline, Warmline, Mobile Crisis Outreach Teams (MCOT) and Safe UT services 24/7/365 out of our Crisis Contact Center in Downtown Salt Lake City.



# WHAT IS OUT THERE?



	SafeUT	Safe2Tell	SafeOregon	Stop!t	Protocall	Crisis Text Line
<b>Licensed Clinical Staff</b>	Yes	No	No	No	Yes	No
<b>Type of Service</b>	Safety Tip, Crisis Text and Call Line	Safety Tip Only	Safety Tip Only	Safety Tip Only	Crisis Call Line Only	Crisis Text Only
<b>Live Chat/Text Available</b>	Yes	No	No	Yes	No	Yes
<b>Current States</b>	UT	WY, CO	OR	TX, UT, HI ...	OR, UT, NM ...	Nationwide

# WHY SAFE KS -SUICIDE DATA – KANSAS

## Suicide Facts & Figures:

### Kansas 2018\*



**On average, one person dies by suicide every 17 hours in the state.**

**More than three times as many people die by suicide in Kansas annually than by homicide.**

The total deaths to suicide reflect a total of 11,540 years of potential life lost (YPLL) before age 65.



Suicide cost Kansas a total of **\$510,442,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,272,922 per suicide death.**

\*Based on most recent 2016 data from CDC. Learn more at [afsp.org/statistics](http://afsp.org/statistics).



## 10th leading cause of death in Kansas

### 2nd leading

cause of death for ages 15-44

### 4th leading

cause of death for ages 45-54

### 8th leading

cause of death for ages 55-64

### 18th leading

cause of death for ages 65 & older

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Kansas	514	17.92	15
Nationally	44,695	13.42	

[afsp.org/StateFacts](http://afsp.org/StateFacts)







**HOW DOES IT WORK?**



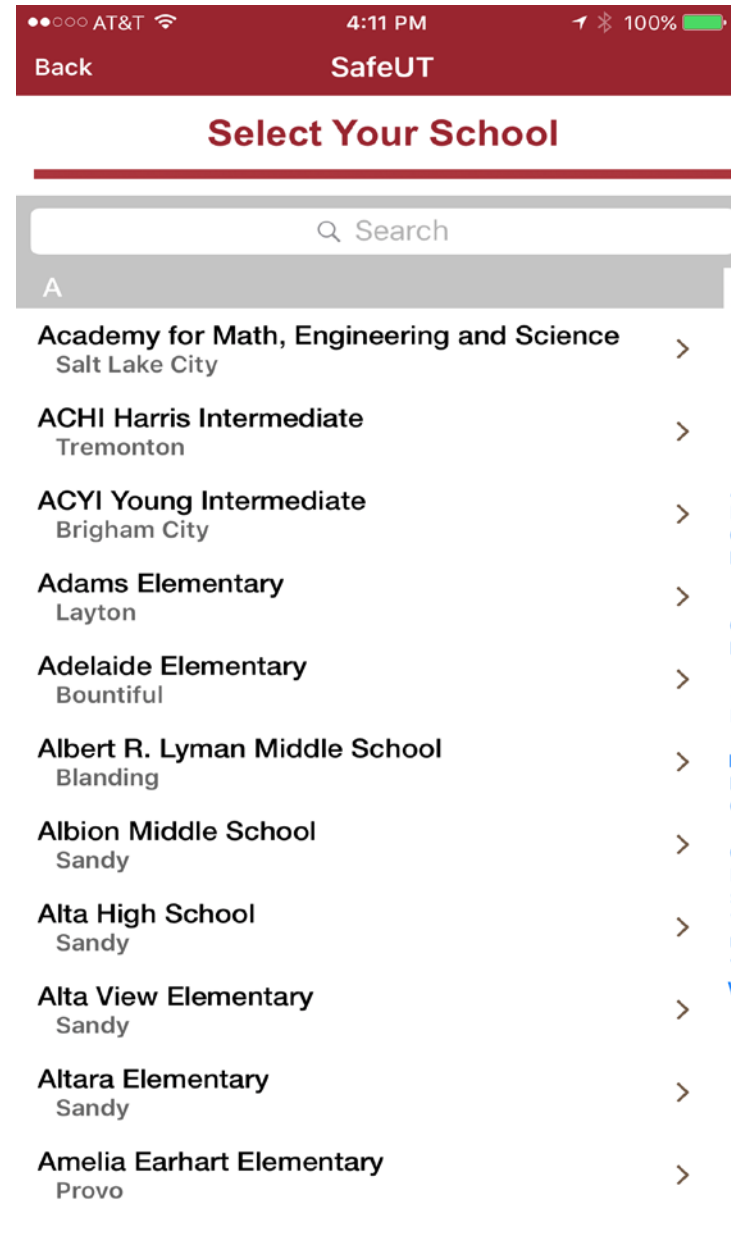
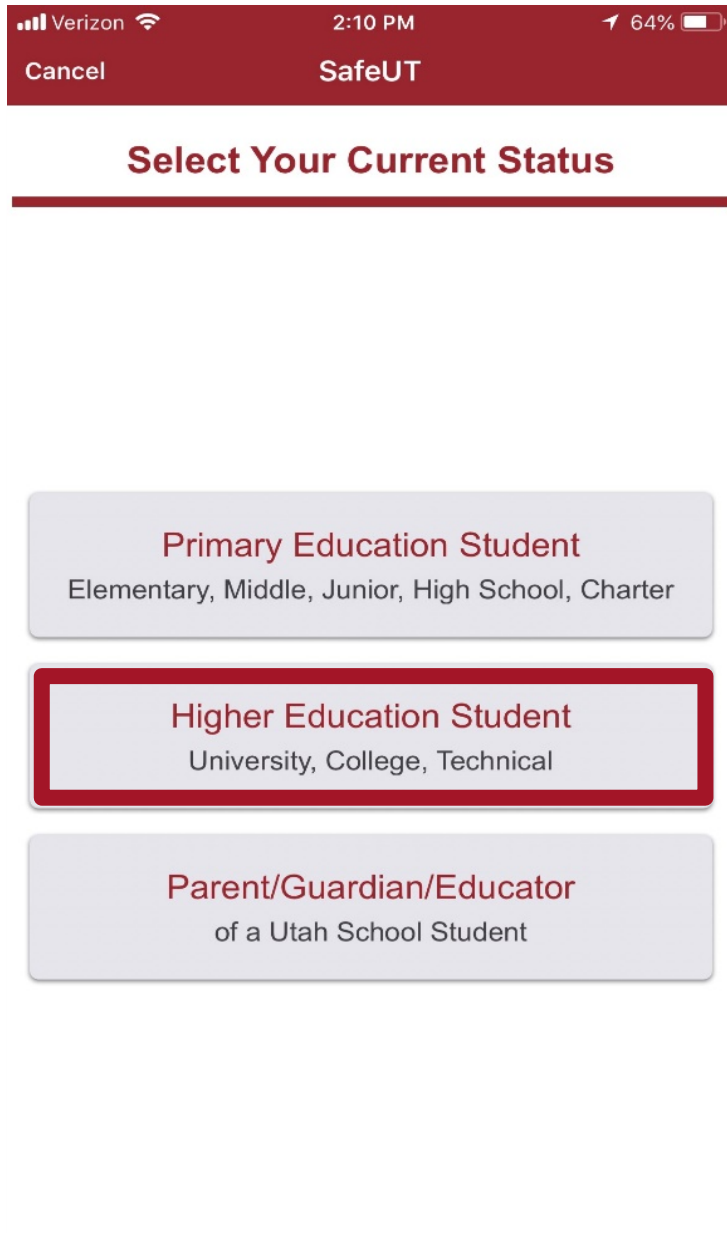
# SERVICES PROVIDED

Users can submit:

- **Tip** - Concerns (weapons, bullying, self-harm, sexual assault, drugs etc.) that are immediately sent to both SafeUT staff and the school to evaluate
- **Chat** - Therapeutic dialogue through texting with a Safe UT Licensed Clinical/Crisis Social Worker
- **Call** - Therapeutic dialogue through a phone conversation with a Safe UT Licensed Clinical/Crisis Social Worker




# SAFEUT USER - SIGN IN




# SAFEUT USER - TIPS







**Start a Chat**  
with a crisis counselor



**Submit a Tip**  
to your school



**Start a Call**  
with a crisis counselor



**View Existing**  
chats and tips

Cancel
Submit a Tip

If this is an emergency or a crime in progress, please call 911.

### Event Category

A

- Abuse >
- Alcohol >
- Anger Issues >
- Animal Cruelty >
- Assault >

B

- Bullying >

C

- Child Abuse >
- Crime >
- Crisis >
- Cutting >
- Cyber-bullying >

D

- Dating Viloence >

Cancel
Submit a Tip

### Tip Summary

Highland Jr. High School

**Category**  
Guns

**Information**  
John Doe brought a gun to school today.

**Person(s) Involved**  
Just John.

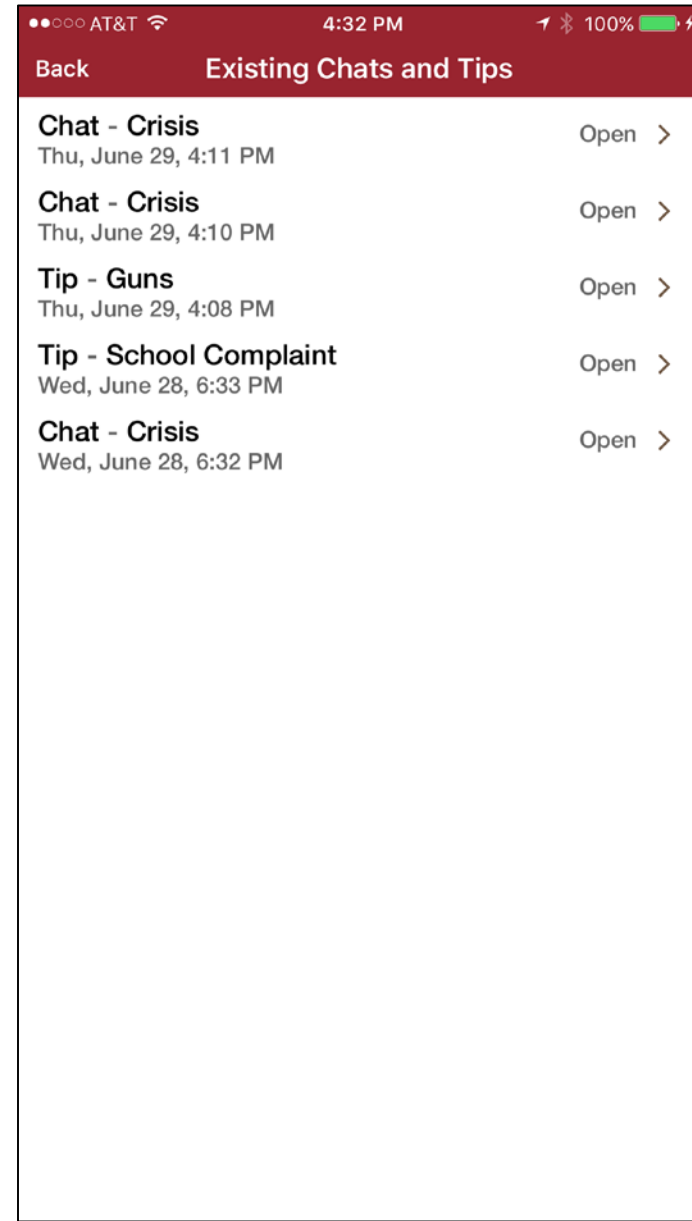
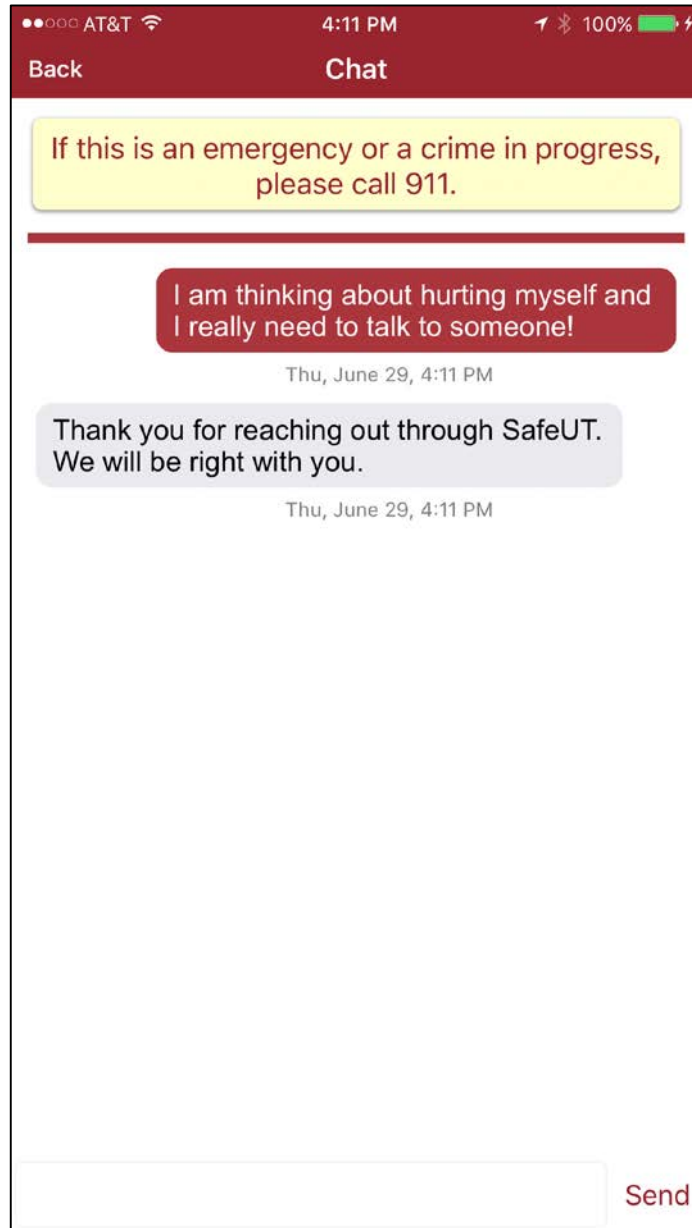
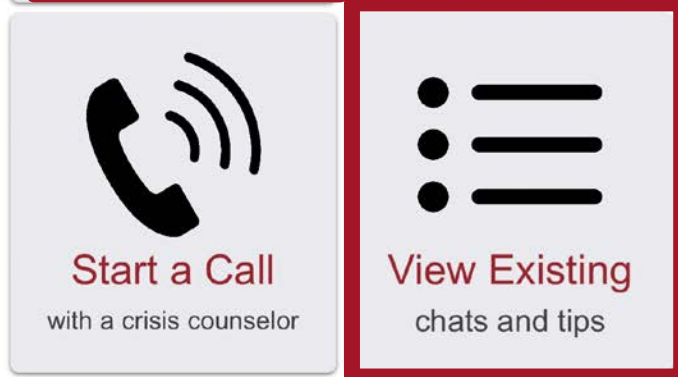
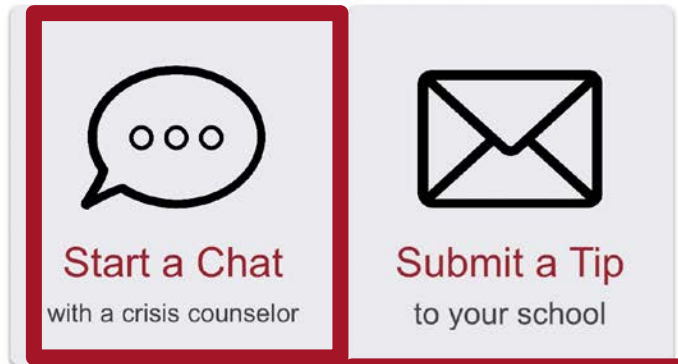
**Date and Time**  
This morning.

**Location**  
Alta, Utah 84111

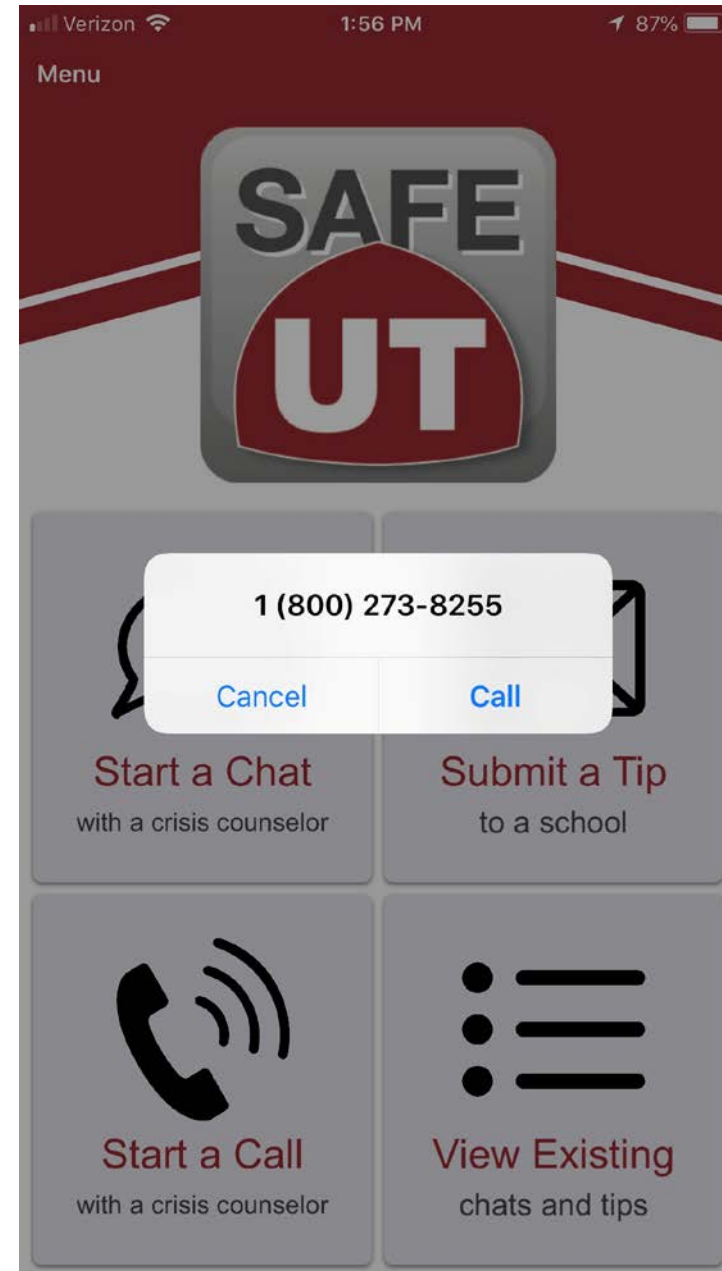
**Others with Knowledge**  
Jane Doe.

Back
Submit

# SAFEUT USER – CHAT /VIEW EXISTING



# SAFEUT USER – START A CALL





# SAFEUT UTILIZATION

# SAFEUT ENROLLMENT AND INSTALLS

## School Enrollment as of November 6, 2018

District	472,771	81.97%
Charter	55,595	73.57%
Private	2,536	14.23%
University	116,590	53.00%
<b>Total:</b>	<b>647,492</b>	<b>72.68%</b>

## App Installs as of November 6, 2018

Android:	34,180
Apple:	57,665
<b>Total Downloads:</b>	<b>91,845</b>
Total launched schools (students)	647,492
<b>Download rate</b>	<b>14.18%</b>

# SCHOOL – ENROLLMENT UPDATES

- **769** schools including:
  - University of Utah, Salt Lake Community College, Snow College, Utah State University, and Southern Utah University, Dixie State University
  - Utah Valley University and Weber State enrolling soon!
- **79.22%** of K-12 schools:
  - 81.97% of Districts
  - 73.57% of Charters
  - 14.2% of Private
- **53%** of Higher Ed schools
  - 116,590 Students
  - 53% is taking into account all Higher Ed schools including private and technical colleges



# SAFEUT UTILIZATION

JULY 2017 TO OCTOBER 2018

## ☐ Chats – **20,678**

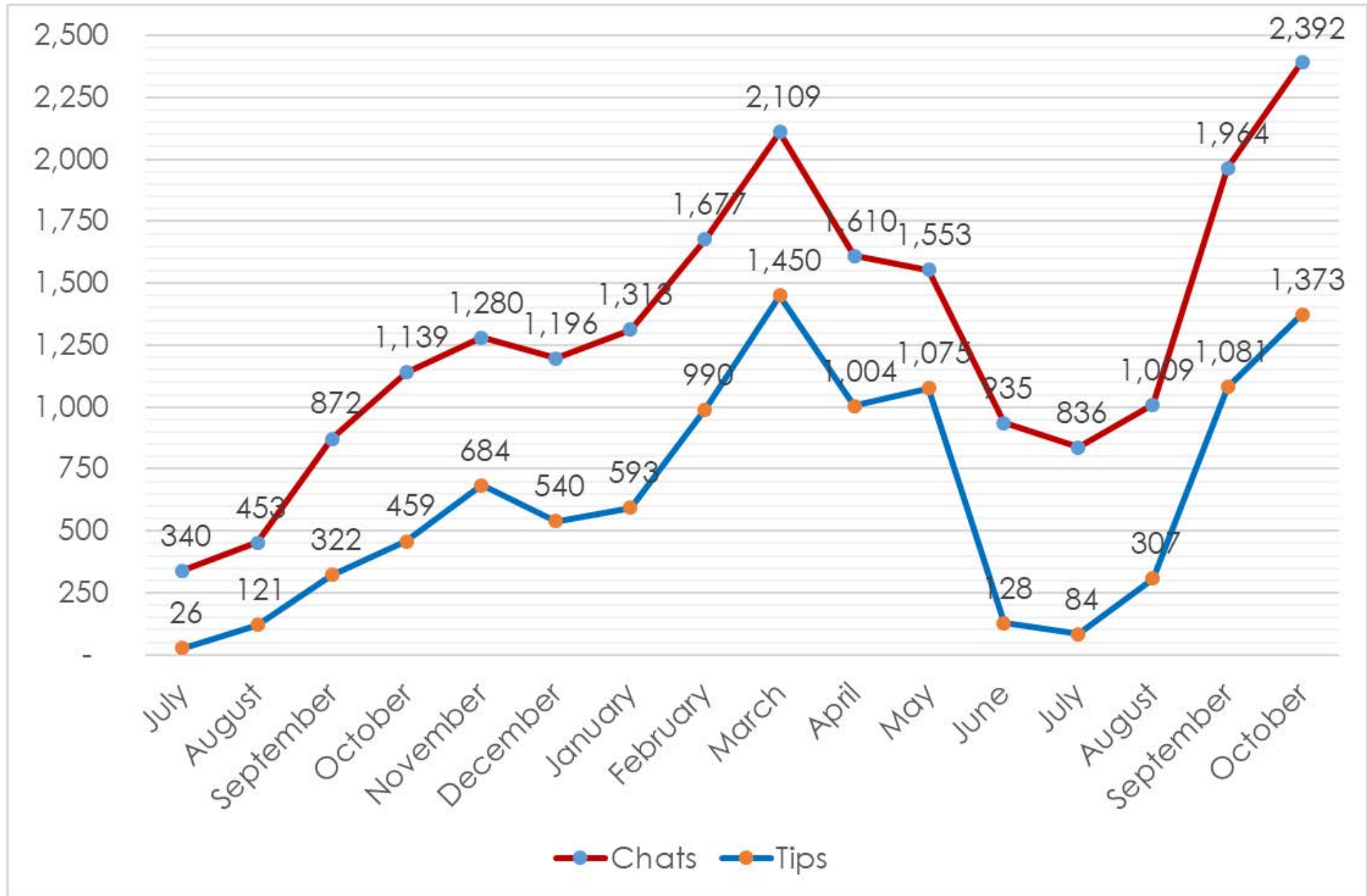
- Including 434,298 threads
- 21 average threads per chat

## ☐ Tips – **10,237**

- Including 32,104 threads
- 3 average threads per tip

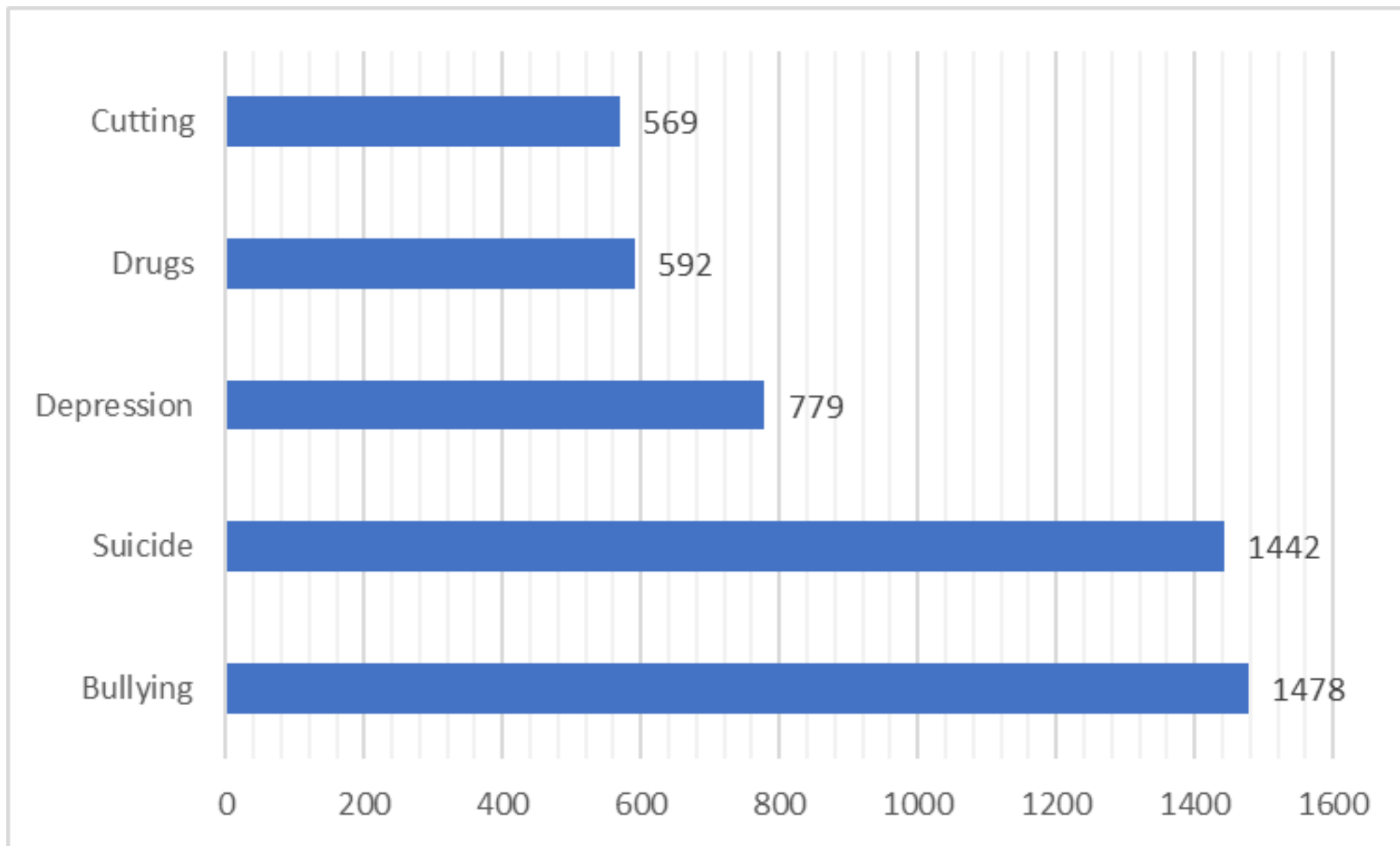
# SAFEUT UTILIZATION TRENDING

JULY 2017 – OCTOBER 2018



# K-12 TOP TIP TOPICS

JULY 2017 – OCTOBER 2018



# K-12 POTENTIAL SCHOOL THREATS

JULY 2017 – OCTOBER 2018

- Includes Tip Categories:
  - Guns
  - Knives
  - Weapons
  - Explosives
  - Planned School Attack
- 270 unique potential school threats resulted in the generation of 424 verified tips

# ACTIVE RESCUE

- 189 Total Active Rescues (July 2017 – June 2018)
- More recently, 61 Active Rescues (February 2018 – June 2018)

## Active Rescue Story:

A student used SafeUT to call the Crisis Line as he was actively thinking about walking into traffic. SafeUT staff were able to contact local Police and the school who worked together to locate the student and ensure his safety.

# HIGHER ED UTILIZATION

## ☐ Chats – **1,568**

*July 2017 – October 2018*

- Including 42,869 threads
- 27 average threads per chat
- Top 5 chat topics include **depression, suicidal thoughts, anxiety, mental health, stress**

## ☐ Verified Tips – **29**

*January 2018 – October 2018*

- Including 191 threads
- 7 average threads per tip

# SAFE UT TIP TOPICS – HIGHER ED

Academic Misconduct	Planned Campus Attack
Alcohol/Drugs	Sexual Assault
Bullying/Cyberbullying	Sexual Misconduct
Crime/Illegal Activity	Stalking
Discrimination/Harassment	Suicide Related
Domestic/Dating Violence	Threats
Eating Disorders	Vandalism
Hazing	Violence
Mental Health	Weapons
Other	Kindness

# SAFEUT STORIES

- ❑ A student used SafeUT to call the Crisis Line as he was actively thinking about walking into traffic. SafeUT staff were able to contact local Police and the school who worked together to locate the student and ensure his safety.
- ❑ A concerned friend sent a Tip and school officials were able to stop a fight where a student was being bullied after his parent died by suicide.
- ❑ A student took a cocktail of medications as a suicide attempt before school. After being reminded of SafeUT at an assembly that school morning, he sent in a chat to ask for help.
- ❑ Multiple tips came in about a potential school threat. SafeUT, working in collaboration with local authorities and the school, verified the tips. Police were sent to the student's home where they found homemade pipe bombs in various stages of completion.



# Questions?

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