



THERE IS A "SILENT EPIDEMIC" SWEEPING THROUGH OUR NATION.

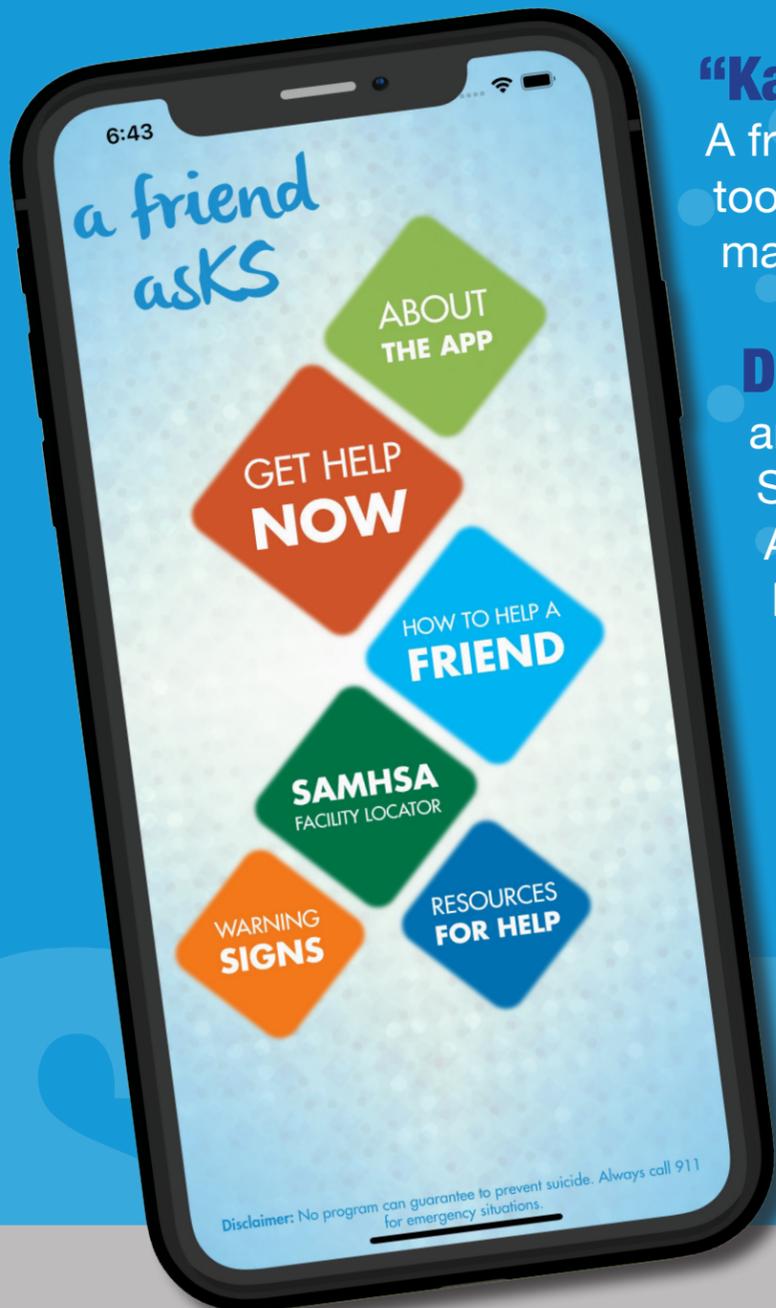
This "Silent Epidemic" is youth suicide!

Make a Difference and **DOWNLOAD** the APP "Kansas-A Friend Asks"



FACTS:

- Suicide is a leading cause of PREVENTABLE death.
- Suicide is the SECOND leading cause of death among U.S. children ages 10-14 and young people ages 15-24.
- In Kansas, almost 1 out of every 5 young people "seriously considered suicide" in the past TWELVE months.
- A friend, especially an informed friend, can help make a difference for someone who may be struggling with thoughts of suicide.



"Kansas-A Friend AsKS" APP

A free smart-phone app to help provide the information, tools, and resources to help a friend (or yourself) who may be struggling with thoughts of suicide.

Download "Kansas-A Friend AsKS" APP

and keep on your smart-phone as a ready resource. Search "Kansas-A Friend AsKS" for the free app on the Apple App Store and Google Play or scan the QR code below.

If you are in an immediate crisis, call 911.

Call or text the **National Suicide Prevention Lifeline** (anytime 24/7 at **988**) or use the **Get Help Now** button on the app if you or a friend need to talk with a counselor.



This app was developed as a partnership between the Office of the Attorney General and The Jason Foundation
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