youth suicide
what do we know we don't know?
thank you.

for being the ones to ask questions first
what is success?

- Increased awareness?
- How do we measure that? What does that mean?
- Is success a reduction in suicide rates? (where do we get this data?)
- Reduction in suicide attempts? (how would we know?)
adolescent DBT

Good, but...

Doesn't scale well
Zero Suicide (in some settings)
Follow-up post-discharge from healthcare settings
(doesn't catch those who don't access care)
what do we know we don't know?

- lack of research
- unanswered questions
- lack of funding
unanswered questions and our need for answers

- Often result in professionals or the media telling "stories" due to lack of good science
- Bullying
- Social media
recommendations

1. SUPPORT FOR CRISIS CENTERS
   60% increase in calls at Headquarters Counseling Center in KS in 2018

2. GATEKEEPER TRAINING
   Evidence-based trainings; raising awareness is not enough

3. EDUCATE SCHOOL PROFESSIONALS
   Leadership all the way down (Suicide in Schools, Singer et. al)

4. DATA COLLECTION
   Improve data pipelines/hire full-time suicide prevention coordinator (MT as example)
recommendations (cont.)

5. DATA DONATION DRIVE
Using platforms like OurDataHelps.org, collect state-wide data via social media

6. FUND OUTCOMES-BASED RESEARCH
Once a sufficient data repository is built, allow researchers access

7. UPDATE STATE SP STRATEGY
Assess progress and redefine goals, specifically including youth suicide prevention

8. PSYCH AUTOPSIES
AAS is convening a committee to assist in providing TA to states to better assess and track suicide deaths
thank you.
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