Kansas Attorney General Youth Suicide Prevention Task Force

ALLEN COUNTY COMMUNITY COLLEGE
AUGUST 31, 2018
KCTC Survey Administration

- Funded by Kansas Department for Aging and Disability Services, Behavioral Health Services
- Available annually free of charge to all districts, public and private
- Available for paper & online administration
- Target population is students in 6th, 8th, 10th, 12th grades
KCTC Participation 1995-2018
Learn More About How The KCTC Survey Benefits Our Communities And Our Schools.

Select a county on the map or in the dropdowns to view data:

- Select County/State
- Select Gambling Region
- Select JJA District
- Kansas Young Adult Survey
On how many occasions (if any) have you had beer, wine or hard liquor during the past 30 days?

County/Region: Allen County  ▼  Level: Total  ▼  Beginning Year: 2014  ▼  Ending Year: 2018  ▼  Response: At least once

Back to Questions/Indicators

<table>
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State/County/District/Building Comparisons
KCTC Optional Depression & Suicide Module Questions

- During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?

- Have you ever **seriously** thought about killing yourself?

- Have you ever made a **plan** about how you would kill yourself?

- Have you ever **tried** to kill yourself?
2018 KCTC COUNTY DEPRESSION/SUICIDE MODULE PARTICIPATION RATES
Have you seriously thought about killing yourself, in the past year?

![Graph showing the percentage of people who have seriously thought about killing themselves over the past year from 2013 to 2019. The percentages are as follows:

- 2013: 14.31%
- 2014: 13.76%
- 2015: 14.31%
- 2016: 13.76%
- 2017: 17.92%
- 2018: 17.92%
- 2019: 17.92%]
Have you made a plan to kill yourself, in the last year?

- 2013: 9.41%
- 2014: 9.01%
- 2015: 11.59%

(Bar chart showing the percentage of people who made a plan to kill themselves from 2013 to 2019)
Have you tried to kill yourself, in the last year?

- 2013: 4.61%
- 2014: 4.03%
- 2015: 5.08%
Youth (10th  12th grade) Past-Year Depression & Suicide Indicators

- **Depression**: KCTC 2018 Participating Districts: 32.0%, National Average YRBS 2017: 32.3%
- **Suicide Thoughts**: KCTC 2018 Participating Districts: 17.2%, National Average YRBS 2017: 20.0%
- **Suicide Plans**: KCTC 2018 Participating Districts: 13.7%, National Average YRBS 2017: 13.7%
- **Suicide Attempts**: KCTC 2018 Participating Districts: 5.5%, National Average YRBS 2017: 7.6%
Connections

- ACES
- Attachment Bonding
- Social Emotional Learning
- Substance Use
- Depression Suicide
Kansas Youth Bullying & Depression 2018

During this school year, how often have you been bullied at school?

- Never: 81.2%
- Sometimes: 43.7%
- Regularly: 18.8%
- Every day: 56.3%

**Depression = No**

- Never: 43.7%
- Sometimes: 30.0%
- Regularly: 20.0%
- Every day: 56.3%

**Depression = Yes**

- Never: 18.8%
- Sometimes: 30.0%
- Regularly: 20.0%
- Every day: 43.7%
Kansas Youth Past 30-Day Alcohol Use and Past Year Depression/Suicide Indicators

- Depression, 27.3%
- Suicide Thoughts, 31.6%
- Suicide Plans, 36.5%
- Suicide Attempts, 40.4%

Graph showing the percentage of students with specific indicators and alcohol use:
- No indicators; Yes alcohol
- Yes indicators; Yes alcohol
Kansas Youth Attachment & Depression/Suicide
- I feel very close to my Mother/Father

[Bar chart showing the percentage of youth with depression, suicidal thoughts, suicide plans, and suicide attempts by Mother and Father attachment status.]
Kansas Youth Attachment & Depression/Suicide
- My teacher(s)/neighbor(s) notice when I do a good job and tell me about it

<table>
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<th>Yes-Teacher</th>
<th>No-Teacher</th>
<th>Yes-Neighbor</th>
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Depression
What We Know About Kansas Youth

- Youth reporting past year depression ALSO reported:
  - Family conflict
  - Being bullied in past year
  - Fewer opportunities for involvement
  - Fewer family rewards
  - Higher reported substance use (all substances) with the largest differences found for alcohol and marijuana use

- More cumulative risk factors
- Fewer cumulative protective factors
- High availability of drugs
Suicidal Thoughts & Plans
What We Know About Kansas Youth

- In addition to the list on the previous slide, youth reporting past year suicidal thoughts and plans ALSO reported:
  - Family history of antisocial behavior
  - Favorable attitudes toward drug use
Suicide Attempts
What We Know About Kansas Youth

- For students reporting they had attempted suicide, additional risk factors included:
  - Community disorganization
  - Availability of drugs
  - Poor family management
  - Low commitment to school
  - Early initiation of drug use
  - Early initiation of antisocial behavior
  - Peers who use drugs
  - Rewards for antisocial behavior
  - Few community rewards for positive behavior
KCTC Social Emotional Learning Report

District Percentage Participation by Grade

- 6th Grade: 86.1
- 8th Grade: 92.5
- 10th Grade: 70.5
- 12th Grade: 71.1
- Total Participation: 80.4

All Grades

Percentage of students ‘at risk’

- District: [Bar Graph]
- Kansas: [Bar Graph]

KSDE SEL Standards

1 Character Development
2 Personal Development
3 Social Development
4 School Climate
Past Year Thoughts of Suicide by Kansas County 2018

Percent of 6th, 8th, 10th, & 12th grade students surveyed who responded "Yes, in the last 30 days" or "Yes, in the past year" to the following question: "Have you ever seriously thought about killing yourself? (If yes, please choose the most recent answer.)

Percent of Students

State Average 17.92%

7.86% - 14.08%  14.09% - 17.91%  17.92% - 20.14%  20.15% - 26.92%

Data provided by Greenbush
Past Year Plans for Suicide by Kansas County 2018

Percent of 6th, 8th, 10th, & 12th grade students surveyed who responded "Yes, in the last 30 days" or "Yes, in the past year" to the following question: "Have you ever made a plan about how you would kill yourself? (If yes, please choose the most recent answer.)"

Blank = Participation < 25%

State Average 11.59%

- 3.9% - 6.25%
- 6.26% - 11.58%
- 11.59% - 13.60%
- 13.61% - 19.33%

Data provided by Greenbush Kansas Children's Action Network.
Past Year Suicide Attempt by Kansas County 2018

Percent of 6th, 8th, 10th, & 12th grade students surveyed who responded
*Yes, in the last 30 days* or *Yes, in the past year* to the following question:
*Have you ever tried to kill yourself? (If yes, please choose the most recent answer.)*

Blank = Participation < 25%

Percent of Students

State Average 5.08%

- 0.95% - 2.70%
- 2.71% - 5.07%
- 5.08% - 6.93%
- 6.93% - 9.91%

Data provided by Greenbush Research Evaluation Department
GBHSPC- Prevention Sub-Committee

- Emphasis on integrated behavioral health prevention
- Drafting a State Prevention Plan to be completed this year
- Dedicated effort to understand the work of all GBHSPC subcommittees’ work
- Drafting a State Prevention Plan to be completed this year
- Inclusion of indicator for **Suicide**: Number of deaths from suicide per 100,000 population and youth depression: Major depressive episodes and self-reported depression
Suicide Awareness and Prevention

Once you acknowledge that suicide is as much a risk for your child as not wearing a seat belt while driving or using alcohol or drugs or engaging in risky sexual behavior, you’ve taken the first step in prevention. You talk to your children about these other behaviors which can put them at personal risk, and suicide is no different. It’s something you CAN and SHOULD talk about with your children.

SOURCE: Society for the Prevention of Teen Suicide

Universal resources:

- CDC Vital Signs
- DCCCA Suicide Prevention Module Series
- Erika’s Lighthouse: A Beacon of Hope for Adolescent Depression
- Evidence-based Programs and Practices, Suicide Prevention Center
- Jason Foundation
- Kansas Suicide Prevention Resource Center
- Kansas Suicide Prevention Plan, Kansas Department for Aging and Disability Services
- Suicide Prevention Resource List
- Teen Suicide, National Center for Injury Prevention and Control, Center for Disease Control (CDC)
- Suicide: Risk Factors and How to Help
- Youth Suicide Awareness

Targeted and intensive resources:

- After Suicide Toolkit, Suicide Prevention Resource Center
- Example District Suicide Intervention Manual, Blue Valley USD 229
- The Relationship Between Bullying and Suicide: What We Know and What It Means for Schools, CDC
- Trevor Project
- UCLA School Mental Health Project Center for Mental Health in Schools
Headquarters, Inc

- National Suicide Prevention Lifeline Crisis Center
- Open since 1969
- Student Clinic providing therapy sessions
- Online chat service at www.headquarterscounselingcenter.org

- Providing suicide prevention training and technical assistance to communities across the state
- Online resources at www.kansassuicideprevention.org
Don't miss a thing!
Sign up to receive the Kansas Prevention Collaborative monthly newsletter!

What's Happening

What is PreventionWorkKS?
Join Kansas coalitions in making connections, discovering new resources, and uniting communities across the state!

Resources
Information, materials, and a variety of resources to help you raise awareness and further prevention efforts in your community.

- Suicide Prevention
- Problem Gambling Prevention
- Underage Drinking Prevention
- Prescription Drug Abuse Prevention

More Resources
Recommendations

- Encourage local level surveillance/KCTC survey participation including participation in the depression/suicide module.

- Encourage use of data for local-level prevention planning and monitoring.

- Increase awareness by sharing local data with community stakeholders.

- Awareness and education to reduce myths surrounding youth suicide (e.g. asking youth about suicide thoughts or plans will plant a seed or make it happen).
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