Kansas leads the world in the success of each student.

Kansans CAN

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KANSAS STATE DEPARTMENT OF EDUCATION  www.ksde.org
A NEW Vision for Kansas….

Kansas leads the world in the success of each student.
YOUTH SUICIDE PREVENTION
The Jason Foundation

The History of the Jason Flatt Act

A Legislative Action for the Training of Educators in Youth Suicide Awareness and Prevention
The Jason Flatt Act
(KSA 72-8260)

• Passed by the Kansas Legislature and signed by the governor - Spring 2016

• Each school district/school will provide suicide awareness and prevention training for **ALL** school personnel

• Requires at least 1 hour of suicide awareness and prevention training annually (approved by the State BOE)

• Parents and guardians will be notified and training materials made available for review

• Each building will develop a crisis plan that includes: recognition of suicide ideation; appropriate interventions; and a crisis recovery plan
Suicide Prevention
Who is Responsible?

District Administrators
Building Administrators
School Psychologists
Counselors
Social Workers
Nurses
School Resource Officers
Crisis Team Members
General Education Teachers
Special Education Teachers
Librarians
Coaches
Club/Activity Sponsors
Office Staff
Transportation Staff (bus drivers)
Cafeteria Staff
Custodial Staff
Building and Grounds Staff

EVERYONE!
# Template for Training

<table>
<thead>
<tr>
<th>Topic</th>
<th>Time</th>
<th>Content Detail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce Jason Flatt Act <em>(KSA 72-8260)</em></td>
<td>10 minutes</td>
<td></td>
</tr>
<tr>
<td>Kansas Suicide Data</td>
<td>10 minutes</td>
<td></td>
</tr>
<tr>
<td>Warning Signs</td>
<td>10 minutes</td>
<td></td>
</tr>
<tr>
<td>Indicators</td>
<td>10 minutes</td>
<td>The factors that could lead up to suicide risk. Could be personalized to your school’s mental health or social-emotional needs.</td>
</tr>
<tr>
<td>School Specific Protocols</td>
<td>10 minutes</td>
<td>The steps your school takes to move from concern to mental health evaluation.</td>
</tr>
<tr>
<td>Questions</td>
<td>10 minutes</td>
<td></td>
</tr>
</tbody>
</table>
Why is it Important?

• You interact on a daily basis with students

• You could be key in recognizing suicide risk

• You could be critical in providing support and appropriate referrals

American Foundation for Suicide Prevention
afsp.org
Youth Suicide Warning Signs

• Talking about or making plans for suicide

• Expressing hopelessness about the future

• Displaying severe/overwhelming emotional pain or distress

• Worrisome behavioral cues or noticeable changes in behavior. Including significant:
  
  Withdrawal from or changing social connections/situations
  Changes in sleep (increased or decreased)
  Anger or hostility that is out of character or out of context
  Recent increased agitation or irritability

youthsuicidewarningsigns.org
Indicators Related to Suicide

Indicators may be observed in an individual who is suicidal or experiencing suicidal ideation. Verbal or behavioral clues can be good predictors. However, approximately 5% of individuals who complete an act of suicide never exhibit any symptoms or indicators.

- Putting personal affairs in order
- Giving away prized possessions
- Sudden interest or disinterest in religion
- Increased interest in death and dying
- Unexplained anger, aggression or irritability
- Direct expressions of suicidal ideation or intent such as “I wish I were dead” or “I’m going to kill myself.”
More Indicators Related to Suicide

- Indirect expressions of suicidal ideation or intent such as “I wish I could go to sleep and never wake up” or “Everyone would be better off without me.”
- Stockpiling of pills or weapons
- Change in interaction with family and friends
- Recent disappointment or rejection
- Sudden decline or improvement in academic performance
- Increased apathy
VARIABLES ASSOCIATED WITH YOUTH SUICIDE

- Depression
- Cyberbullying
- Bullycide
- Choking Game
- Self-Injury
- Addiction Issues

- Human Trafficking
- Teen Dating Violence
- Hopelessness
- Social Withdrawal
- Grief/Bereavement
- Other Mental Health
Referral Protocol

- Teacher
- Coach
- Nurse
- Club/Activity Sponsor
- Office Staff
- Cafeteria Staff
- Custodial Staff
- Counselor
- Social Worker
- School Psychologist
- Administrator
- District Administration
- Mental Health Evaluation
Resources

Jason Flatt Foundation: http://jasonfoundation.com/

National Suicide Prevention Life Line: http://www.suicidepreventionlifeline.org/

SAMHSA Suicide Prevention Page: http://www.samhsa.gov/suicide-prevention

Suicide Prevention Resource Center: http://www.sprc.org/

American Foundation for Suicide Prevention- Kansas Chapter: https://www.afsp.org/local-chapters/find-your-local-chapter/afsp-greater-kansas

Center for Disease Control (Suicide): http://www.cdc.gov/violenceprevention/suicide/

Yellow Ribbon Suicide Prevention: http://yellowribbon.org/about/

American Association of Suicidology: http://www.suicidology.org/

Society for the Prevention of Teen Suicide: www.sptsusa.org

The Trevor Project (for LGBTQ students) http://www.thetrevorproject.org/?gclid=CK2-2aeGlsoCFZODaQod-zOozg
Social Emotional Character Development

Revision Committee
April, 2018

Kansas leads the world in the success of each student.
SECD Standards

- Kansas was the first state to adopt Social, Emotional and Character Development standards.

- The standards were adopted in 2012

- 2018 Revisions
  - prevention statutes
  - employability
  - civic engagement
  - first read for BOE will be in June
State Board SEG Goal

Each student develops the social, emotional, and character competencies that promote learning and success in life.
Kansas Social, Emotional, and Character Education Standards
The Verdict is In: SEL Matters

A new study reveals that students who participate in school-based programs focused on social and emotional learning benefit in multiple ways as compared to students who do not experience programming in social and emotional learning.

Check out these incredible findings!

- 9% improvement in prosocial behavior
- 9% improvement in attitudes about self, others, and school
- 9% reduction in problem behaviors
- 10% reduction in emotional distress
- 11% increase in standardized achievement test scores
- 23% increase in social and emotional skills

Why focus on Social Emotional Learning

Every $1 invested in Social Skills instruction = $11 in economic returns for the community – Teachers College, Columbia University (2015)
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SCHOOL MENTAL HEALTH INITIATIVES

Kansas leads the world in the success of each student.
INTERCONNECTED SYSTEMS OF CARE
Appropriate Information Sharing
Supported Navigation through Systems of Care
Continuous Communication Loop
Family Driven & Youth-Guided Planning
Wraparound Support

FEW
Intervention & Support Teams
Safety & Re-Entry Plans
Seamless Referral & Follow-Up Processes
Deepened Collaboration with Youth, Families, & Community Providers

SOME
Early Identification, Screening, & Progress Monitoring
Effective Individual & Group Interventions
Wellness Plans
Co-Planning Strategies with Students, Families & Community Providers

ALL
Relationship Building, Resiliency & Rich Social-Emotional Learning
Trauma Sensitive Practices
Mental Health & Wellness Education
Universal Screening and Early Identification

FOUNDATION
Integrating School Mental Health within Multi-Tier Systems of Support:
1. Strong Universal Implementation
2. Integrated Leadership Teams
3. Youth-Family-School-Community Collaboration at all Levels
4. Culturally Responsive Evidence Based Practices
5. Data-Based Continuous Improvement
6. Positive School Culture & Climate
7. Staff Mental Health Attitudes, Competencies & Wellness
8. Systemic Professional Development & Implementation
9. Confidentiality & Mental Health Promotion Policies
10. Continuum of Supports

In Partnership with the Kansas State Department of Education and TASN ATBS School Mental Health Initiative
Adapted from Wisconsin Department of Public Instruction. The Wisconsin School Mental Health Framework: Integrating School Mental Health with Positive Behavioral Interventions & Support. December 2015.
SCHOOL MENTAL HEALTH ADVISORY COUNCIL

Purpose
(Why)
- Advise the Kansas State Board of Education of unmet needs
- Coordinate with legislators and stakeholders
- Coordinate statewide collaborative partnerships

Process
(How)
- Monthly Council meetings to review areas of need

Product
(What)
- Coordinated recommendations to address unmet needs

Formed in July 2017
First meeting in August 2017
STRENGTHENED STATE, REGIONAL, AND LOCAL PARTNERSHIPS
SCHOOL MENTAL HEALTH PROFESSIONAL DEVELOPMENT AND COACHING SYSTEM

Objective 1
Scaling up school capacity

Objective 2
Implementing tiered mental health interventions

Objective 3
Structured processes for community partnerships

Objective 4
Systemic resources replicated statewide
Mental Health Intervention Treatment Program (MHIT)

- Pilot program funded by the Kansas Legislature
- Creates partnerships between targeted districts and Community Mental Health Centers (CMHC)
- Participating Districts: Wichita #259, Topeka #501, Kansas City #500, Parsons #503, Abilene #435, and Garden City #457
- GOAL: Provide treatment and track the behavioral health needs of two groups of youth
  - Children in Need of Care (CINC) and in state custody
  - Children who are not in state custody, but display a need for behavioral health treatment outside the normal school day
For More Information

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