Michael Grover is a retired addiction counselor that was introduced to 12 Step recovery in 1984. After getting sober in 1985 he started doing volunteer work at a substance abuse center where his sponsor worked and was soon employed as a detox aide at the same center. He went on to complete undergraduate and graduate degrees in psychology and social work at Fort Hays State University and Wichita State University. After his start as detox center aide Michael worked as a residential and outpatient counselor and program director in substance use disorder clinics. He has worked on the "front line" for 32 years with people with substance use disorder problems in private, state-funded, and prison systems.

Michael currently works part time in private practice but finds his greatest fulfillment in his involvement with others in recovery bringing 12 Step meetings into detox and treatment centers, jails, and prisons to present the opportunity for recovery to those in an institution.